



CHG Healthcare Services

FOR IMMEDIATE RELEASE

September 25, 2008

MEDIA CONTACT:

Laura Goulding
Public Relations Specialist
CHG Healthcare Services
801.930.3743
laura.goulding@chghealthcare.com

CHG Awarded for Employee Wellness Program

Healthcare staffing company receives nod in Corporate Achievement category

SALT LAKE CITY, Utah (September 25, 2008) – CHG Healthcare Services, one of the oldest and largest healthcare staffing firms in the U.S., has received *Utah Business* magazine's annual award for outstanding employee healthcare programs.

The "Health Care Heroes" Corporate Achievement award recognizes and honors Utah organizations with exemplary employee health and occupational, environmental and preventative medical practices. The nomination for CHG outlined the implementation of its recent wellness initiative for employees. The new initiative illustrates a shift from a medical benefits-focused program to one that centers on overall employee wellness.

"We firmly believe our success is tied directly to the health and happiness of our employees, which is the basis of our new Wellness Initiative," said Michael Weinholtz, president and CEO of CHG.

The integrated wellness initiative addresses four critical concepts: work-life balance, health and fitness, emotional wellness and financial wellness. By addressing those four components, CHG hopes to give employees the tools for well-rounded health.

"Employee wellness provides our employees with programs and opportunities to improve their personal and professional well-being," said Nicole Thurman, Director of Benefits at CHG. "We believe an effective wellness program must include not only good, competitive health insurance but must also encompass all areas of well-being, including financial wellness, positive mental and physical health, work-life balance and a comprehensive benefits package.

"We are ecstatic for the recognition in the business community for our wellness program efforts, which help us to live our core value of putting people first," said Ms. Thurman.

Work-Life Balance

To improve employee work-life balance, CHG promotes programs including flexible scheduling and a generous paid time-off (PTO) scale to help employees maximize their time in and out of the office. Company executives highly encourage employees to take time away from work to recharge their batteries. Other programs include tuition reimbursement and CHG University, an internal training and professional development series.

Health and Fitness

CHG employees enjoy robust medical and dental coverage to stay healthy; these benefits also cover eligible spouses, domestic partners, dependents and even pets. CHG's annual Wellness Fair allows employees to take advantage of health screenings and educates them on how to improve their well-being.

Not only does CHG emphasize being healthy, it also creates a healthy environment for its employees. At the corporate headquarters in Salt Lake City, employees can work out in the on-site fitness center; sign up for on-site yoga classes; and enjoy on-site massage therapy to relieve work-induced stress. Fresh fruit is available daily to the office as a healthy alternative for snacking.

This past spring, more than 400 employees companywide participated in the popular Rock Your Body program designed to motivate them to get fit. This year the focus shifted from weight loss to body composition – meaning that employees didn't just lose weight, they got healthier. As a company, CHG lost 471 percentage points of body fat.

Emotional

CHG offers an in-depth Employee Advocacy Program (EAP) to help employees with life issues that come up outside of the office. EAP representatives help CHG employees with referrals and assistance with financial and legal issues as well as mental wellness counseling.

The Patient Care program is a free advocacy program that helps CHG employees with healthcare billing and insurance issues. Patient Care agents act as mediators to research and resolve billing issues, saving valuable time and money in an often overwhelming process.

Financial

At CHG, fiscal fitness is critical to employees' well-being; it gives them peace of mind and reduces money-related stress. To help employees plan for the future, CHG offers a 401(k) program with company match; employees are eligible to enroll on their first day of work. CHG also provides retirement

planning courses for ongoing financial education and encourages employees to meet with a financial counselor.

In addition to those financial tools, CHG offers flexible spending accounts to help employees save for medical and dependent expenses with pre-tax dollars. CHG's fully-covered basic life insurance, accidental death and dismemberment (AD&D) insurance and long-term disability insurance provide protection for employees who are concerned about caring for their family in the event of an emergency.

More about CHG Healthcare Services

Founded in 1979, CHG Healthcare Services is one of the nation's oldest and largest healthcare staffing firms. Through its family of companies, CHG provides a comprehensive service offering that includes temporary and permanent placement of physicians, allied health professionals, nurses and pharmacists to hospitals and healthcare organizations in all 50 states. The CHG family includes CompHealth, Weatherby Locums, Destination Healthcare Staffing, RN Network, Foundation Medical Staffing and AHR Pharmacy Solutions. For more information, visit www.chghealthcare.com.

###